

Online and Digital Safety for Parents and Carers

At Gosden House we believe that the internet and digital media are an amazing resource. However it is in the understanding of how to stay safe while using the online and digital resources available to us and our children that many people come unstuck.

To help

To help you achieve this here are some helpful links

- For expert help and advice.
Visit <https://www.saferinternet.org.uk/advice-centre/parents-and-carers>
- Learn for yourself what the various social networks, apps or gaming sites that your child is using do.
Visit <https://www.net-aware.org.uk/networks/?order=-popularity>
- For advice on talking to your child about the internet.
Visit https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/share-aware/?utm_source=google&utm_medium=cpc&utm_campaign=ShareAware2017
- For advice on how to set privacy settings on social media sites.
Visit <https://identity.utexas.edu/everyone/how-to-manage-your-social-media-privacy-settings> or <https://www.teensafe.com/blog/how-to-manage-privacy-settings-on-social-media/>
- For advice on reporting any online concerns
Visit <http://www.childnet.com/parents-and-carers/need-help> or <https://www.thinkuknow.co.uk/parents/>
- Stress that meeting up with people they know online can be dangerous and that they should only do so with your permission and if you are present.
Visit <https://www.internetmatters.org/issues/online-grooming/>