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## MINI NEWS

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### Message from Cindy

Gratitude and changing the world.

If establishments were currently open, I expect a common topic for speculation would be what has changed for the better in the last few weeks? What will we be wanting to take forward into our new world? This links to one of my frequent exhortations to list 5 things you are grateful for today. Practising gratitude is a great way to maintain perspective and stay positive.

What 5 things would you take forward to make a better world? Perhaps clear skies, more bicycles, less racism, connection with your neighbours, quality family time, more kindness? So many things to ponder.

And again, I would love to offer this editorial out to other members of the Gosden community. If you would like to write a little piece, we would love to hear your voice.



# PRIMARY MINI NEWS

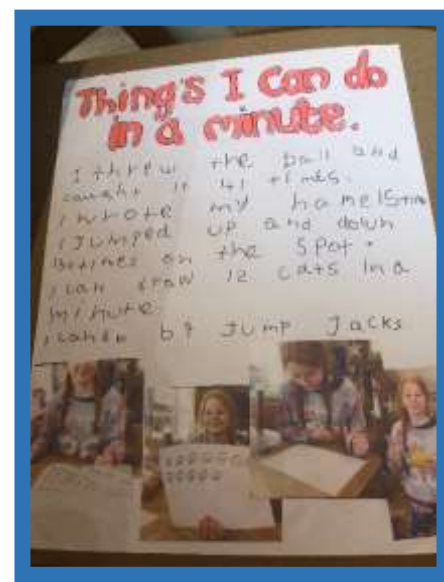
PLEASE NOTE, THERE WILL BE DIFFERENT CLASSES EACH WEEK

## SQUIRREL CLASS

Another week has disappeared, with Squirrels busy all over Surrey. There have been lots of faces on Teams, which has been great and some lovely photos too of what everyone has been up to. Maths challenges this week included finding out what we could do in 1 minute.



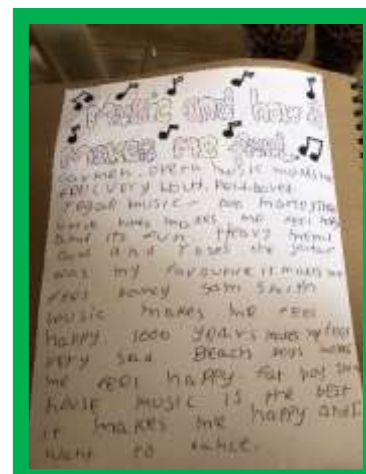
Mahla could say 'Meow' 86 times!



An outside activity was flower pressing and everyone is waiting excitedly to see how their flowers look when they are dry. We will be making pictures using our pressed flowers soon.



Squirrels class explored their feelings with the help of music and we all found that different sorts of music make us feel a range of emotions. We will be playing Fat Boy Slim in Squirrels from now on!



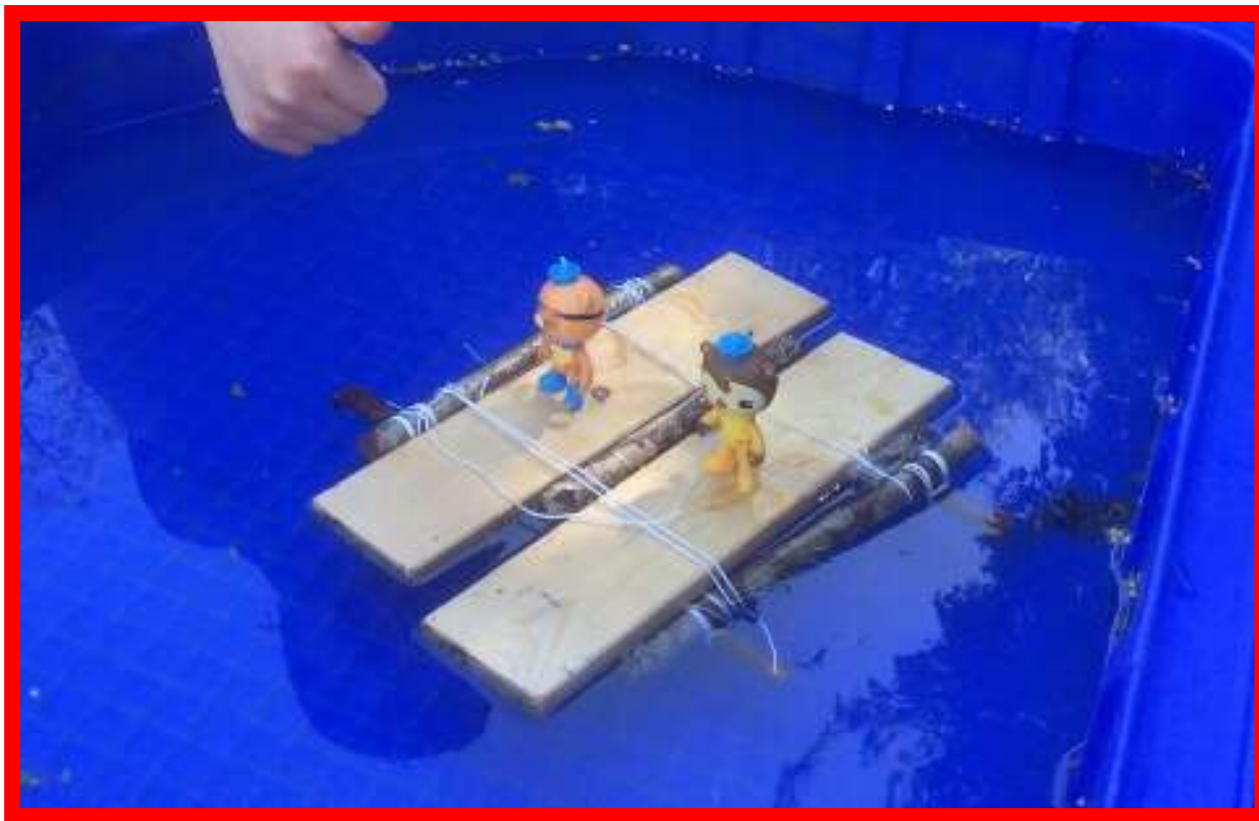
## BADGER CLASS

'Ahoy me Hearties!'

We had a very exciting start to the week as we met a real pirate who joined in our Teams sessions on Monday and Tuesday. The children thought of great questions to ask her and found out lots of information. Scallywag Sam goes to pirate school and is learning how to read maps, and even showed us the treasure she found on a deserted island!

We then investigated floating and sinking and had a go at making our own boats to keep our toys dry. Do you think the bottle floated or sank?

We have lots more fun learning for next week.  
Mrs McGee, Mrs Henderson, Abi, Louise and Carla



## WOODPECKER CLASS

Our wonderful Woodpeckers have been busy completing their challenges, and as always, the team and I were amazed by how well they have done. We learned some facts about different countries from around the world (like Germany and Sri Lanka), made friendship bracelets and even wrote some letters to our classmates to fill their buckets. This week, the Woodpeckers have risen to the challenge of making a collage, with some beautiful and creative results. Well done, Woodpeckers! We can't wait to see your dances!



# SECONDARY MINI NEW

## Simmonds News:

Simmonds' students continue to impress us with their cooking and gardening skills. Cakes are regularly being baked, veg grown and in between all of this they find time for Education City, reading, walks, noticing nature and writing to the queen!

Miss Suggitt has 6 additions to her family, they are really cute! She is in the process of choosing names from the student suggestions.

Seeing everybody on Microsoft Teams is a highlight of our day

Keep safe and alert everybody  
love The Simmonds Team xxx



## Parks News:

Parks class have enjoyed seeing Eleanor's apple seed grow and learning about the different things our friends have been doing.

The year 9's have been chatting about different options they will do next year and Brandon has shown us the resources he has created to help practice his maths and reading at home.

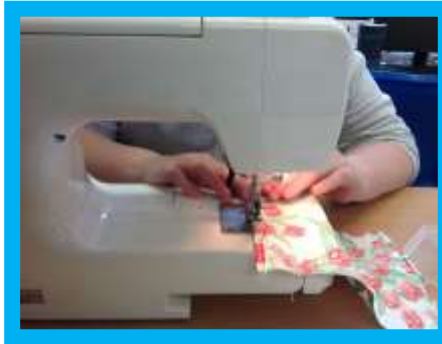
We have continued to think and talk about things we are proud of, and how we can be helpful around the house.



## WHAT'S BEEN HAPPENING AT GOSDEN?

### Year 10 School Provision

We have had a very creative week. We have made masks and scrunchies using our sewing skills.



We have made chocolate mug cakes.



We also did some glass painting and made stress balls





- Jack and Adam working hard on Education City.
- Elle and Summer making salt dough creations - ready for painting and decorating.
- Archie making a card for an absent friend.
- Jess competing with Janet on Education City.
- Janet's salt dough masterpieces, after baking.





## Preparing your child for the first day back in school

**As it has been a while since your child has been at Gosden House, parents and children may be feeling excited, but also anxious. Here are a few thoughts about how to prepare....**

### Be Calm

Your child will take the lead from you and feel reassured if you can remain steady and matter of fact..



### Be Curious

These are strange times and their imagination may run away with them. Observe behaviour and be curious about what that behaviour might mean. Don't dismiss any fears. Listen and validate how they are feeling. "I wonder" .... "I imagine" ..... "I notice" ..... Starting a conversation with these words can help the child express what they are feeling and know you want to understand.

### Be Positive

Remind them of the ways they have learned to keep themselves safe: washing hands regularly; sneezing and coughing into their elbow; not hugging people outside of home and staying in their own space



### Be prepared

School will look and feel quite different to normal. It may even smell and sound different to some sensory sensitive children. Routines will be a little different and they will have to adapt to new ways of greeting friends and teachers. Support your child so they know that it will not quite be as usual, but that everyone at school will be helping them adapt and feel safe.

### Be Supportive

After so long at home, children may worry about separation from familiar people and places. Some may become upset or act out because of this. Let them know that you will miss them to but look forward to hearing about their day. Let them know that they will be held in your mind and tuck a little note or drawing from you into their pencil case or lunchbox if they have one. A biro message on a banana can be a fun surprise! (Please avoid sending in toys from home as we have to be mindful of infection control)

### Be Thankful

Help your child think of the things they are looking forward to: seeing friends in real life; seeing teachers and other staff and doing some exciting and enjoyable activities.



Thanks to: [www.traumainformedschools.co.uk](http://www.traumainformedschools.co.uk)



# SUPPORT

Remember to check our website for all support and help during this time:

<https://gosden-house.surrey.sch.uk/>

If you need to make contact with us during school hours, we have set up a special email address which will link to certain members of the Senior Leadership Team and our Home/School Link Worker, Annie Welch who will try to answer queries or signpost to help.

[parenthelp@gosden-house.surrey.sch.uk](mailto:parenthelp@gosden-house.surrey.sch.uk)

Pastoral Mobile: 07864 721931 –

Please add to your contacts Additional support Health:

The School Nursing Service are aiming to continue to support us with advice if necessary, so contact us in the ways above (during school hours) and we'll aim to help.

To support your child with their mental health and wellbeing there is some good guidance on the Young Minds website here Adults may find support here Social Care: For any child or family worries for which you may need additional support or advice you can request it by contacting the

Surrey Children's Single Point of Access Team on 0300 470 9100 and press1 and then option required.