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| **PSHCE Overview**  *Detailing topic coverage* | | | | | | |
| Year Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Reception  *EYFS categories* | Self Confidence and Self Awareness | Life skills  &  Self-Care | Managing Feelings and Behaviour | Managing Feelings and Behaviour | Making Relationships | Life skills  &  Self-Care |
| Y1  *EYFS categories* | Self Confidence and Self Awareness | Life skills  &  Self-Care | Managing Feelings and Behaviour | Managing Feelings and Behaviour | Making Relationships | Life skills  &  Self-Care |
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| Y2 | My World and the Wider World | Me and My Relationships | Health Lifestyle and Wellbeing | Health Lifestyle and Wellbeing | Life skills  &  Self-Care | Me and My Relationships |
|  | | | | | | |
| Y3 | Life skills  &  Self-Care | My World and the Wider World | Me and My Relationships | Me and My Relationships | Health Lifestyle and Wellbeing | Life skills  &  Self-Care |
| Y4 | Life skills  &  Self-Care | My World and the Wider World | Me and My Relationships | Me and My Relationships | Health Lifestyle and Wellbeing | Life skills  &  Self-Care |
|  | | | | | | |
| Y5 | Health Lifestyle and Wellbeing | Health Lifestyle and Wellbeing | Life skills  &  Self-Care | My World and the Wider World | Me and My Relationships  SRE focus | Me and My Relationships  SRE focus |
| Y6 | Health Lifestyle and Wellbeing | Health Lifestyle and Wellbeing | Life skills  &  Self-Care | My World and the Wider World | Me and My Relationships  SRE focus | Me and My Relationships  SRE focus |