**Chef!**

 

**What you need:**
Adult supervision

Ingredients for your meal.
Camera/device for taking pictures.

**What to do:**Create or make your snack or meal for the day. Have an adult to supervise and help with any tricky parts. Take photographs of each step to create a visual instruction list – this will help you next time remember what steps to do!

**What it is good for:**

Fine and gross motor skills, speaking and listening, following instructions, independence.



 



**What you need:**
Paper
Primary colour paints (red, yellow and blue)
your fingers
A clear space (that you might not mind getting a bit dirty)

**What to do:**1. Free painting to create pictures and show expression.

2. Can you make new colours?
Try mixing: red and yellow, red and blue, blue and yellow.

Are there any more colours you can make?

**What it is good for:**Exploration, fine motor skills, creativity, expression, imagination.

**Finger painting**

 Teacher note/who for – Level 1 learners