



GOSDEN HOUSE SCHOOL GOSDEN NEWS

7th May 2021

I'm very pleased to report that I had my 2nd jab yesterday, along with many of the staff. The gradual decline in anxiety about the school community's respiratory health is being superseded by a much more wholesome high level of work stress! It is a delight for the staff to be battling the habitual heavy workload and demands of teaching, deadlines, work monitoring, traffic etc. They won't tell me it's very delightful I'm sure, but Gosden feels like a proper school again.

We are filling our spare moments (!) planning for the Centenary and end of year events which are rushing towards us. Prepare to learn an awful lot about the last 101 years at Gosden House, ghosts and all.

Enjoy the newsletter, and please let Clare know if you would like to write a guest editorial.

Cindy

Don't forget to keep an eye on our website for updates and useful information: [Home Page](#) [Class Pages](#)



UPDATE FROM ROBINS

We have been busy in Robin class learning all about 'Going to the Doctors'. We have role-played being Doctors, made our own Doctors bags and even written prescriptions. We also designed some very jazzy jackets!



The children have been very helpful and love being the Daily Helper.

On our 'Measuring Hunt' we found lots of objects longer/shorter than our measuring sticks.



In phonics, we've been trying hard to learn our letter sounds and form our letters correctly.

Keep up the great work Robins!

UPDATE FROM OWLS

In Owl class, we have been busy learning about minibeasts. We have learnt about where they live and their names and Makaton signs of all the minibeasts. We have counted the number of legs they have in Maths and done some fun art activities making our own ladybirds.



Jess in Owl class was the winner of the Easter Hamper from the PTA sponsored walk. Here is Jess with her prize. We are all so proud of her. Well done Jess!



We have explored mark making using different mediums.



UPDATE FROM RABBITS

Rabbit class have been immersing themselves in our new topic of minibeasts. They have been on minibeast hunts and found ladybirds, spiders and plenty of earwigs, worms and woodlice hiding under logs. They made a spider's web by wrapping string around trees and will place their fabulous junk modelling minibeasts in it.

They really enjoyed reading our book 'Snail Trail' about a snail who went on a slimy trail around a very small patch of the garden. They have learned some really interesting snail facts and have even learned how to draw snails. Fantastic learning Rabbit Class!



UPDATE FROM SIMMONDS

'Simmonds have been really busy doing addition and subtraction, practising our phonics, sequencing in English and looking at characters in stories. We also have taken part in helicopter stories in class. In D/T. we have been learning how to keep safe around hot things and about things that can be harmful to us at home. We have also done lots of cooking too! We have started to look at different types of careers as well.



UPDATE FROM SIMMONDS

Simmonds have also been practising their meditation!
They are getting really good at it



UPDATE FROM ANIMAL CARE

Welcome to our newest arrival

This little one was born on Monday and both mum and baby are doing well.

Gender is still to be confirmed but we think it might be a girl

Aunty has been very tolerable (and is getting told off for getting too close sometimes 😊).

There will be a naming competition for classes to submit names once gender has been confirmed.



NATIONAL SMILE MONTH

Between 17 May and 17 June 2021, the Oral Health Foundation will be raising awareness of important health issues and ready to put a smile on everybody's face.

Tooth decay and gum disease are the two of the most common and entirely preventable dental problems. Recently released statistics have identified that one in eight three year-olds and one in four five year-olds suffer from visible tooth decay, while more than 25,000 children aged five to nine have been admitted to hospital due to tooth decay.

Introducing a tooth brushing programme into the everyday activities will help to ensure that this is a positive activity which becomes a routine.

- Each child brushes at least once a day. It is hoped that the child will also have brushed their teeth for two minutes at least once at home, last thing at night.
- Children are closely supervised when brushing and there should be suitable instruction to all children on how to brush their teeth to create effective brushing and good habits.
- Tooth brushing takes place either in groups or individually, at a time most suitable.
- When a toothpaste tube is shared, toothpaste should be dispensed directly onto a clean surface such as a paper towel or plate. There must be sufficient space between the quantities of dispensed toothpaste to allow collection without cross contamination.
- Children are discouraged from swallowing toothpaste during and after brushing. Toothpaste should be spat out, do not rinse.
- A tooth brush storage system should be used which facilitates air drying and prevents cross contamination.
- After tooth brushing, brushes are rinsed thoroughly and replaced in the storage system to dry.

Toothbrushes

- Toothbrushes should have a small head size (the toothbrush needs to be small enough to reach behind the back teeth and brush them easily). The bristles should be medium/soft so that they do not hurt the gums.
- Toothbrushes should be placed at least every 3 months, or sooner if required.
- Toothbrushes should be individually identifiable for each child
- A pea sized amount of toothpaste containing at least 1000 parts per million (ppm) fluoride should be used for children aged over 3 years.



NATIONAL SMILE MONTH



How to Brush



Place the head of the toothbrush against the teeth, then tilt the bristle tips to a 45 degree angle against the gum line. Move the brush in small circular movements, several times, on all the surfaces of every tooth



Brush the outer surfaces of each tooth, upper and lower, keeping the bristles angled against the gum line.



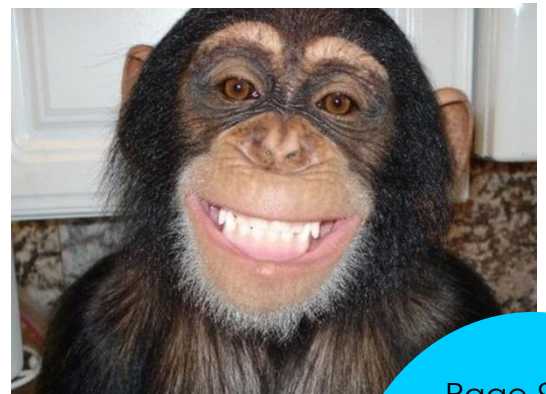
Do this again, but on the inside surfaces of all your teeth. To clean the inside surfaces of your front teeth, tilt the brush vertically and make several small, circular strokes with the front part of the brush.



Brush the biting surfaces of your teeth.

For information please visit
<http://www.nationalsmilemonth.org/>

We can also refer children to the
Special Needs dental service if required
– speak to Annie Welch for more info



GOSDEN HOUSE PTA UPDATE

Great Gosden Bake Off

On Sunday 13th June 2021 we have organised an opportunity for our children and their siblings to take part in an online baking tutorial. We will send out more information and details on how to book nearer the time, but if you think you might like to don your apron and get creative in the kitchen, save the date!

The school lottery is a great way to support the school, whilst also giving yourself the opportunity to win some cash and other exciting prizes.



Signing up is easy and can cost no more than £1 a week, so visit www.yourschoolottery.co.uk/play and search for Gosden House – you could be in with a chance of winning a jackpot of £25,000 with a guaranteed weekly prize for Gosden entrants which currently stands at £17.

Gosden House School Charity Golf Day

Venue: Bramley Golf Club

Date: 17th of September at 10am

- £450 for a team of 4
- £500 for a team plus a hole sponsorship (signage on hole, flyers and mention at post golf meal, promotion on pre-event communications)

We are looking for hole sponsors so if anyone knows any companies that would like to sponsor a hole - £50

Price includes:

- Pre golf bacon roll & coffee
- 18 holes of golf on the stunning Bramley course, first T is 11 am
- Two course meal at the clubhouse followed by prize giving

To register your interest or if you have any questions please email Kim at gosdenpta@gmail.com or call 07850 263849.

This event is proudly sponsored by Bramley Blinds.



HOME COVID TESTING UPDATE

Covid Home Testing Kits

Thank you to the secondary students that are now testing at home twice a week.

Please continue to test and let us know if you need more kits.

Please also keep reporting the results to us following this link:

<https://forms.office.com/r/z2bNLS03TM>

KEEP SURREY SAFE

SYMPTOM-FREE TESTING
for households and bubbles of school pupils, and of staff

BOOK • COLLECT • ORDER [surreycc.gov.uk/symptomfreecovidtesting](https://forms.office.com/r/z2bNLS03TM)

STAY AT HOME • PROTECT THE NHS • SAVE LIVES

Anyone who is in the same household, childcare bubble or support bubble as a school or nursery pupil or someone who works in a school, nursery or college, is eligible for twice weekly symptom-free testing.

Please note, children and young people will continue to be tested via their school or college testing scheme. School and college staff can access home testing kits via their workplace.

Please read 'How to get a test in Surrey' and full details; [COVID-19 Testing for households and bubbles of school pupils and of staff](#).

MENTAL HEALTH AWARENESS



School is always willing to provide advice or support and extra help

You can call and speak to Annie Welch, our Home School Link Worker.
Tel: 07864 721931

Web Page Information:

[School Web Site](#)

Keeping Children Safe Online:

<https://www.childnet.com/parents-and-carers>

For any child or family worries for which you may need additional support or advice you can request it by contacting the Surrey Children's Single Point of Access Team on 0300 470 9100 and press 1 and then option required.

For support and advice around domestic abuse, mental health or safety in the home:

<https://www.gov.uk/government/publications/coronavirus-covid-19-anddomestic-abuse/coronavirus-covid-19-support-forvictims-of-domestic-abuse>

<https://www.healthysurrey.org.uk/domestic-abuse>

MENTAL HEALTH AWARENESS



Surrey and Borders Partnership
NHS Foundation Trust

Adult Services Mental Health Crisis Line

The helpline is for people living in Surrey experiencing a mental health crisis.
Telephone: 0800 915 4644
(24 hours, 7 days a week)

If you have speech or hearing difficulties, you can contact the helpline through:

- SMS: 07717 989024
- Next Generation text service: Dial 18001 0800 915 4644 from your text phone or smart app

The [Crisis Helpline](#) is staffed by professionals who are experienced in working with people with mental health issues and is managed according to the NHS Code of Confidentiality which respects individuals' personal information. However, the service has a duty to respond when someone's thoughts, intentions and actions indicate a specific and significant risk of harm to self or others particularly children). Such cases will be followed up and the relevant service or authorities will be contacted. In an emergency please call 999 or go to Accident and Emergency (A&E) – many of which have psychiatric liaison services. You can find local A&E services at [NHS Choices](#).

Out of hours crisis support for children with a mental health need.

Out of hours crisis support for children, young people and their families has been increased in response to Coronavirus. Children, aged 11 and over, and their families can continue to call our Extended Hope Service for crisis support between 5pm-11pm, 7 days a week. Calls to this service are handled by the Emergency Duty Team and we have now put in place a triage worker to provide an immediate response to anyone calling this number: 01483 517898. In addition, our Mental Health Crisis Helpline is now providing telephone support to children, young people and their families between 11pm and 9am, seven days a week, to ensure they always have access to out of hours crisis support. During normal working hours people can talk to their GP or go to A&E for support and children, aged 10-18, can contact one of the CYP Havens.

Due to public health advice the CYP Havens are currently closed. Instead we are running a virtual service for young people to access support by phone. This service is available every day of the week including bank holidays

"A safe place to get support when I am feeling distressed and worried about how I am feeling"



Call: 01483 519436

Monday to Friday, 4pm-8.30pm. Saturday and Sunday, 12pm-6pm