

GOSDEN HOUSE SCHOOL GOSDEN NEWS

28th January 2022

Firstly, a Happy New Year to all our parents and carers: January can be a grim month and it has been especially so since Covid hit our school last week. Can I say a huge thank you to the staff who managed to keep the school up and running despite staff shortages due to illness, also to yourselves for keeping children at home in order to protect the rest of the school community and for the support you have shown to the staff during this difficult time. Hopefully we will have weathered the Covid storm fully by half term and warmer weather and longer days will be with us soon!

On another note, I just wanted to let you know that we have a vacancy for a Parent Governor. The governing board has a vital role to play in making sure every child receives the best possible education and so I would encourage you to put yourself forward for nomination to get involved. Further details will be sent out via ParentMail today.

Many thanks to David Osen for his time serving as a Parent Governor.

Warmest wishes to you all

Pat Adams, Chair of Governors

Don't forget to keep and eye on our website for updates and useful information Home Page Class Pages



UPDATE FROM OWLS

This half-term, Owl Class have been learning about our topic of Around the World. For the last fortnight, our focus has been on China! We have looked at some writing, and tried to copy it in our own marks. We have made Chinese lanterns, some fans and even our verv own dragon! As part of our exploration, we also learned how to say 'Hello', 'Goodbye' and '1, 2, 3'. We even managed to make it part of our daily 'Hello Song' routine! We have finished off our fortnight by trying some Chinese food - and Owl Class all rose to the challenge of using the chop sticks! The class have now filled out their Passports, and we can't wait to see where we learn about next!









UPDATE FROM HAWKING & PARKS

A very Happy New Year from all of us in the Sapphire bubble. Covid cases are on the rise and many of us have been dropping out of classes, but as always, our learning does not stop.

We have juggled multiple hats:

English - Creative Writing

We became poets to author acrostic poems

Gosden Toolkit –

CT, L. CI



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Creative Arts

We donned artists'
aprons to make
fantastic art using
charcoals and crayons
Gosden Toolkit –
CT, CL, SP, EW



Forest School

We put on our wellies and got our hands dirty in forest school exploring mini beasts and learning all about the food chain Gosden Toolkit – CL, SB, LS

UPDATE FROM HAWKING & PARKS



We slipped into our mechanic's overalls and learnt a thing or two about the components of a BMX bike and how to assemble them. Gosden toolkit – LS, N, CL, CI





We've learnt trampolining - some of us have been brave to give it a go for the first time and have started to enjoy it. Some of us have been swimming, some others been creating trinket dishes and brooches, while the rest of us have been trying our hand at cooking soups and scones.

In our world, we have been learning about the Romans and how they were the first people to build roads in the UK.





UPDATE FROM HAWKING &

PARKS

Zones of Regulation

In PSHCE, we came up with common strategies for our zones of regulation to help us with managing our emotions and behaviour in school.



Food Technology









Design & Technology



Those of us who've sadly contracted Covid, have had the opportunity to carry out work on Education City, complete activity cards and have fun when learning, while having had to isolate in our own homes.

Gosden toolkit - CT, LS, CI, KH, L, N, EW, SP

UPDATE FROM HAWKING & PARKS

Careers

Sapphire Bubble have been learning about skills and qualities and the difference between them. After their learning, we held a Skills Challenge, where each learner had to draw a card and attempt their challenge in front of the rest of the class.

These varied from, amongst others, trying to balance a ruler on one finger for 30 seconds, telling a joke, catching a ball thrown by the teacher with one hand, not blinking or laughing for one minute, balancing a book on your head for 30 seconds and doing a dance - nice Floss, Ryan!













Everyone had a go and we discovered what a very skilled bubble we are in. Well done, everyone!

UPDATE FROM YEAR 10 & 11

Year 10 have started our speech sessions, 6 weekly sessions with Jasmin our SaLT in class, we are looking at important challenges we will face. Our first session was on stress and strategies if we are worried, we all practised breathing techniques and thought about how amazing it is we will be trying exams and that sitting them is a great achievement. Our second session was on coping with disappointment, another important life skill for us. Big thanks to Jasmin and the Speech and Language Team on site for tailoring our sessions to challenges we are facing this term.

Key Stage Four have started hockey sessions in PE. We have braved all temperatures and enjoyed our Tuesday afternoon endorphins.







We are the school's coffee shop. We run a business enterprise every Thursday morning and treat the adults with hot drinks and tasty treats. We have been making flapjacks, doughnuts, rocky road, gingerbread men and other tasty treats. We have had great feedback: "yummy" "amazing" "I like the donuts" "it was really nice" "great customer service" "amazing".

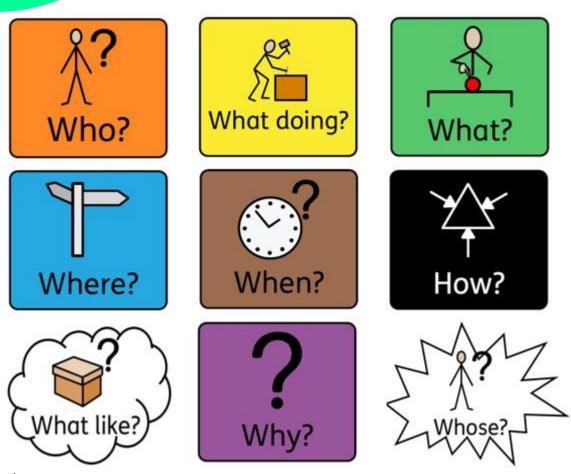
Lilly, Elle, Janet, Brandon, Jordan, Archie, Esther, Imaan, Harvey



SPEECH & LANGUAGE THERAPY

Colourful Semantics

We have been using Colourful Semantics to support the children's sentence construction, both in individual and group therapy sessions, and in their day-to-day classroom learning. Colourful Semantics works by coding parts of sentences according their meaning. This helps to make the structure visual and gives everyone a clear shared way of talking about the parts of sentences. when relevant.



For example:

The boy is eating a sandwich on the sofa.

The girl is reading a book in the classroom.

The children are eating ice cream at the beach.

If you have any questions about Colourful Semantics and how it is used in the classroom, please speak to your child's teacher.

Laura, Jasmine, Jenny and Sammie Speech and Language Therapy Team

SECONDARY TOOLKIT

WELL DONE to the following students in completing their 'Gosden Toolbox' Sticker Sheet this so far this term and successfully collecting 10 'Life Tools'. Developing these 'Life Tools' will help them now and also prepare them for their exciting future pathways.

Zac – Parks
Oliver – Parks
Miley – Parks
Melissa – Parks
Zack – Year 11
Harvey – Year 11
Brooke – Year 11
Kayleigh – Year 11
Adam – Year 11
Esther – Year 11



SURREY ARTS



WHAT IS TOGETHER AT HOME?

Together at Home is an inclusive music ensemble for young people aged 9 - 19 who attend Special Schools in Surrey. Whilst there are no specific entry requirements and no audition process, participants need to be comfortable making music with peers and interacting with tutors via zoom.

SURREY MUSIC HUB

Surrey short breaks



WHAT WILL HAPPEN AT THE SESSIONS?

Together at Home will be led by a small, yet awesome team of music teachers who are experienced in supporting young people with a wide range of learning needs. Participants will be able to sing, vocalise and play percussion. If you have access to a drum that's fantastic but not crucial as we will be teaching body percussion and using objects from around the home (don't worry, not breakable ones!).

WHAT IS HAPPENING THIS TERM?

During the music sessions, the young people will be taking part in a range of fun and fulfilling music activities.

HOW DO I BOOK?

For a registration form, please email Surrey Arts: E: surreyarts@surreycc.gov.uk



SURREY ARTS



a free inclusive orchestra for experienced musicians, complete beginners and anyone in between!

UP! Orchestra Open Rehearsals

UP! Orchestra warmly welcomes new members to attend 2x open rehearsals.

Saturdays 10.00am - 12pm

12th February & 26th March

The Bridge Youth Centre Clare Crescent, Leatherhead



UP! Orchestra is an award winning ensemble designed to be accessible for young people aged 13+ of all backgrounds and abilities including those with special educational needs. We are particularly interested in welcoming young people who have been unable to access music education because of their life circumstances and lack of suitable opportunities on offer locally. Whilst there are no specific entry requirements and no audition process we feel that the ensemble is not currently suitable for PMLD/SLD young people. Please do contact us to discuss this if you are unsure.

WHAT HAPPENS AT THE SESSIONS?

UP! Orchestra is led by an awesome team of professional musicians whose aim is to ensure each participant has a meaningful musical and dance experience regardless of ability, musical interest, vocal style or instrument. The team is experienced in supporting young people in mainstream settings as well as those who have mental health, disability, behavioural, ESL (English as a second language) needs and young people from diverse cultural backgrounds.

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National Foundation for Youth Music

SURREY **MUSIC HUB**

GHC Flyerz Hockey



FREE, Fun, accessible, inclusive hockey for all

Flyerz Hockey is fun, accessible, inclusive hockey for all ages, SEN and disability groups.



Siblings and parents are very welcome to get involved, too.

Sessions are FREE

Every other Monday at GHC 6-7pm

Next dates:

- 7 February
- 21 February
- 7 March
- 21 March



GHC is located at Broadwater School GU7 3BW For more information, contact Mercedes and Nicky on flyerz@guildfordhc.com





GOSDEN HOUSE PTA UPDATE



Gosden House School PTA are now registered with easyfundraising, which means you can raise FREE donations for us every time you shop online. Over 6,000 shops and sites will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself!

These donations really mount up and make a BIG difference to us, so we'd really appreciate it if you could take a moment to sign up and support us. It's completely FREE and only takes a moment.

You can find our easyfundraising page at

https://www.easyfundraising.org.uk/causes/gosdenhousepta/?utm_campaign=raisemore&utm_medium=email&utm_content=gs-e1

PTA Virtual Quiz Night Saturday, 19th March

Why not join up with some friends grab some snacks and join the fun! Prices are £10 per screen. Gosden families can add on a goodie bag for an extra £5 as well.

Prizes for 1st 2nd and 3rd teams.



Please use this link to our online booking form to secure your spot: https://forms.gle/S62dvq9ymXokLNvx8



We have just started up another FB group called Gosden house pta buy and sell page. The group has been set up for parents/carers to sell second-hand uniform - all proceeds will go to the PTA and then onto the benefit the whole school.

COVID 19 UPDATE

MASKS

Although Government Guidance is starting to be relaxed, due to high number of cases in school we are continuing to request staff and secondary students continue to wear masks in internal communal areas.

TESTING

Thank you to the secondary students that are keeping our school community safe by testing at home twice a week.

Please continue to test at home and let us know if you require any more test kits to be sent home.

Please also keep reporting the results to us following this link: https://forms.office.com/r/z2bNLS03TM



Vaccine Information

Useful resource designed by young people for young people - learn more about the vaccine, get answers to questions and when ready, organise getting the jab locally.



www.everythingcovid.info

MENTAL HEALTH AWARENESS



School is always willing to provide advice or support and extra help

You can call and speak to Annie Welch, our Home School Link Worker. Tel: 07864 721931

Web Page Information:

School Web Site

Keeping Children Safe Online:

https://www.childnet.com/parents-and-carers https://www.commonsensemedia.org/

For any child or family worries for which you may need additional support or advice you can request it by contacting the Surrey Children's Single Point of Access Team on 0300 470 9100 and press 1 and then option required.

For support and advice around domestic abuse, mental health or safety in the home:

https://www.gov.uk/government/publications/coronavirus-covid-19-anddomestic-abuse/coronavirus-covid-19-support-forvictims-of-domestic-abuse

https://www.healthysurrey.org.uk/domestic-abuse

There is new service available from Surrey



https://www.mindworks-surrey.org/

Providing children, young people, families and carers with information about services, advice and resources. Includes how to ask for help in a crisis via the 24/7 crisis line.

MENTAL HEALTH AWARENESS



Adult Services Mental Health Crisis Line

The helpline is for people living in Surrey experiencing a mental health crisis. Telephone: 0800 915 4644 (24 hours, 7 days a week)

If you have speech or hearing difficulties, you can contact the helpline through:

- > SMS: 07717 989024
- ➤ Next Generation text service: Dial 18001 0800 915 4644 from your text phone or smart app

The <u>Crisis Helpline</u> is staffed by professionals who are experienced in working with people with mental health issues and is managed according to the NHS Code of Confidentiality which respects individuals' personal information. However, the service has a duty to respond when someone's thoughts, intentions and actions indicate a specific and significant risk of harm to self or others particularly children). Such cases will be followed up and the relevant service or authorities will be contacted. In an emergency please call 999 or go to Accident and Emergency (A&E) – many of which have psychiatric liaison services. You can find local A&E services at NHS Choices.

Out of hours crisis support for children with a mental health need.

Out of hours crisis support for children, young people and their families has been increased in response to Coronavirus. Children, aged 11 and over, and their families can continue to call our Extended Hope Service for crisis support between 5pm-11pm, 7 days a week. Calls to this service are handled by the Emergency Duty Team and we have now put in place a triage worker to provide an immediate response to anyone calling this number: 01483 517898. In addition, our Mental Health Crisis Helpline is now providing telephone support to children, young people and their families between 11pm and 9am, seven days a week, to ensure they always have access to out of hours crisis support. During normal working hours people can talk to their GP or go to A&E for support and children, aged 10-18, can contact one of the CYP Havens.

Due to public health advice the CYP Havens are currently closed. Instead we are running a virtual service for young people to access support by phone. This service is available every day of the week including bank holidays

"A safe place to get support when I am feeling distressed and worried about how I am feeling"



Call: 01483 519436

Monday to Friday, 4pm-8.30pm. Saturday and Sunday, 12pm-6pm