



GOSDEN HOUSE SCHOOL

GOSDEN NEWS

14th January 2022

One of the themes us adults have been reflecting on this New Year is our inexplicable sense of optimism, despite the drudgery of the pandemic and our Christmases being messed around so much. I wonder if just being in the presence of children is a tonic for us teachers and parents/carers? We have to remember to play, to be spontaneous and to look at the world with excitement, because our children model that so well for us.

With that in mind I encourage you to seek inspiration from today's newsletter. Rabbit class can travel the world in a week in January and never leave Bramley, Squirrels can change the world and Food Tech are raising money for charity. So what are our resolutions? Us jaded old adults?

On another note, you will see that in the last week we have had a Covid outbreak, and Years 10 and 11 have relocated to rooms with heating. So I think my resolution might be to enjoy the exciting and unpredictable challenges my job presents. Lucky us, so many opportunities to practise our Learning Habits, especially "Challenge" and "Problem Solving".

Cindy

Cindy O'Sullivan, Head Teacher

Don't forget to keep an eye on our website for updates and useful information:
[Home Page](#) [Class Pages](#)



UPDATE FROM RABBITS

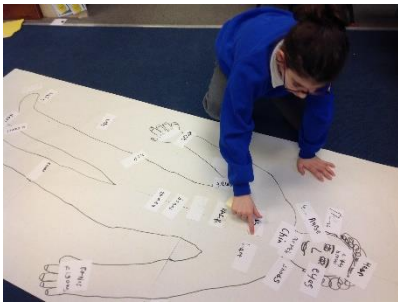
Rabbit class have made a fabulous start to the year. Our new topic is 'Around the World' and the children have been exploring the world by using google earth. They have created their own passport to begin their voyage of discovery. This voyage involves observing and learning together about each country visited using an atlas and iPad, asking questions about food which they are tasting from different countries and problem solving investigations linked to the country. Look at their journey so far!



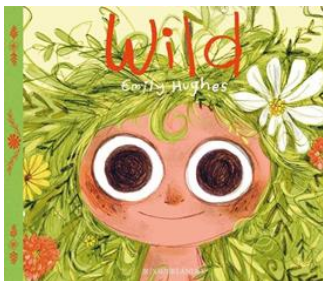
UPDATE FROM SQUIRRELS

We've only been back at school for 2 weeks but already there's been lots of fun and learning in Squirrel Class!

We have just started our new Creative and Curious topic 'Our Amazing Bodies'. There are lots of different experiments that we will be carrying out to investigate how our senses and bodies work. For our first lesson we used the learning habits 'Noticing' and 'Working Together' as we were given the challenge of labelling parts of the body both internally (inside) and externally (outside). We were surprised how many different parts of the body there are and that we knew the names of many of them.



We've been continuing with our class book 'Wild' and this week used the learning habit 'Creative' as we played the role of different characters. We then used to speech bubbles to show what they would say. A lot of us needed the 'Keep Trying' learning habit as it was quite tricky at the start.



Within Numeracy this half term we have started looking at statistics which includes the study of pictograms, bar graphs, tally charts, and simple tables.

We used lots of 'problem solving', 'keep trying' 'noticing' and challenge' learning habits during these lessons. Next week we will be creating a menu and using it in our maths lessons to carry out surveys.

UPDATE FROM SQUIRRELS

Alongside the story of Wild, we kicked off the term by sharing the book, '10 Things I Can do to Help my World.' This is a book about climate change, global warming and how children can play an active role in helping to care for their world. Hopefully, this story will also get us thinking about our own bodies and how our environment, what we eat, how we shop, how we travel etc. directly impacts or health and those around us. During our literacy lessons we used the learning habits; noticing, problem solving, keep trying and also working together to come up with solutions for big problems.

The book threw up lots of open ended questions from all the children who were all were positive and enthusiastic about trying to show our world we care for it. Just one of the many questions we came up with included; " Which ocean is the most polluted and how can we help to clean it?"



Squirrel class will be preparing their allotment bed ready to plant before Easter, we will be working together to plan and schedule a range of fruits, vegetables, and herbs we would like to grow, we will use the internet to order seeds and bulbs.

We will need to use our learning habits ; exploring, asking questions, and listening for our outdoor learning to be successful and fun.

UPDATE FROM SIMMONDS

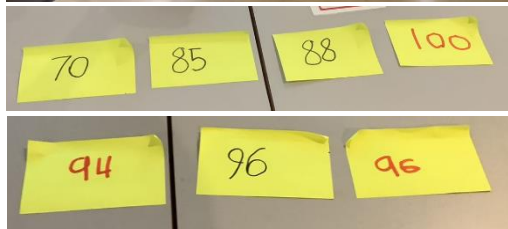


Throughout the Autumn term Simmonds class had been working on their addition skills through bowling in class, by adding their scores together. As an end of term treat, they took a trip to the Spectrum to enjoy bowling properly. Their scores were added for them on this occasion, but on their return to school Simmonds Class ordered their total scores from lowest to highest in small groups, before doing it on a larger scale as the whole class. The pupils loved the opportunity to go to a public place and represent Gosden House School, their behaviour was outstanding and all the staff were very impressed with how polite they were. They were all awarded a "Life Skills" Toolkit sticker for following safety rules and having fun with their friends. Well done Simmonds Class.



21	1	2	3	4	5	6	7	8	9	10	Total				
Charles	4	8	1	7	3	3	7	5	7	1	4	6	8	78	85
Harmony	0	2	5	3	8	7	0	1	7	0	0	5	3	5	90
Tia	X	3	0	1	0	0	2	1	0	3	0	2	7	7	94
Emma	X	7	-	-	1	4	4	-	4	5	4	6	3	7	73

19	1	2	3	4	5	6	7	8	9	10	Total						
Jacob	7	2	0	2	6	6	3	5	2	7	3	1	6	0	X	8	96
Lexie	4	10	27	34	42	50	57	64	75	82	82	82					
Alcha	6	7	2	5	4	3	3	6	3	4	3	8	0	7	4	96	
Miss Coyte	8	8	1	X	5	4	3	4	X	3	5	2	X	7	144		



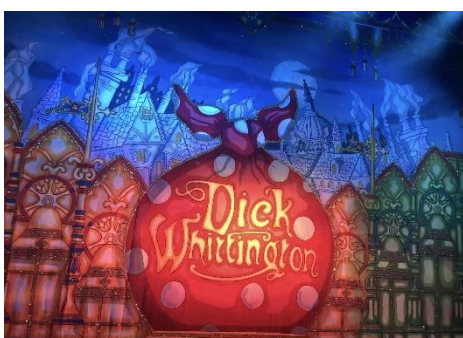
22	1	2	3	4	5	6	7	8	9	10	Total	
Rayan	0	7	14	23	32	37	46	52	60	61	68	88
Jude	17	25	45	63	71	79	87	95	103	119	119	
Shannon	0	2	5	8	11	13	17	21	25	31	36	77
Theresa	7	17	24	32	39	48	66	74	80	87	87	
Theresa	9	17	24	32	50	66	75	94	103	113		

20	1	2	3	4	5	6	7	8	9	10	Total		
Leo	3	6	0	2	3	4	5	0	8	2	1	9	88
Eloise	7	7	7	0	0	0	0	0	0	0	0	100	
William	5	12	15	24	32	39	46	54	62	70	84		
Abi	6	13	14	20	28	34	41	49	58	66	84		

UPDATE FROM YEAR 11

This week, we have been busy moving into our new classroom! You can find Year 11 in The Coach House. At first, we weren't too keen on the idea of moving but now that we have settled in and started to put our own stamp on the place, we love it! We even have our own kitchen area so we can improve on our life skills, such as, making a cup of tea and washing it up afterwards!

The new classroom also allows us to be closer to the rest of the school, which we have loved. It is great listening to the Primary classes enjoy their lunch and break times.



Last term, Key Stage Four pupils and staff had the pleasure of attending Dick Whittington Pantomime at the Yvonne Arnaud Theatre. We had a fantastic time, the stalls to ourselves and really enjoyed the show. We would like to thank parents and carers for their contributions so that we were able to attend.

UPDATE FROM YEAR 11

Since September, we have been working really hard in Design Technology to complete a personalised clock each. Last week, we finally finished them! It has been hard work and a lot of determination but we are really pleased with our end results. The clocks are currently being displayed in the main reception so that everybody can have a look at our masterpieces.



Our next project is going to be a large sculpture to go in the grounds of the school, so that we can leave our legacy.

UPDATE FROM FOOD TECH

Thursday Vocational Food Autumn 2021... A Summary

Breakfast Eggs on Toast
Banana Milkshake
Sandwiches/Wraps
Vegetable Frittatta
Tuna and Sweetcorn Pasta
Pizza
Minestrone Soup
Jacket Potatoes with Fillings
Cheese, Tomato and Onion on Toast
Chicken and Mushroom Risotto
Braised Chicken
Tuna Fishcakes
Christmas Shortbread



On Thursdays, KS4 Food students have been making a selection of dishes. They are working towards a WJEC Entry 2 in Food preparation, cooking and serving food. Each week they have demonstrated excellent teamwork and have produced some amazing results as well as learning key life skills. This term we will be making: Baked Apples; Spaghetti Bolognese; Cottage Pie; Banana and lemon tea loaf; Pineapple upside down cake; Pancakes; Butter cookies; Healthy Granola Bars and Easter Fairy Cakes.

COMMUNITY NEWS



Year 10 have made some Hot Chocolate Valentine's Day packs to sell for £2 each.

All the profits will be going to the NHS charity.

First come, first served! Please support us!

Email Mrs Downman (ndownman@gosden-house.surrey.sch.uk) if you would like to buy some. Please can you also send in £2 in a labelled envelope so we can pass it on to you via your child.

We will also leave some in the Reception area.



Thrive at The Hive is Open!

Thrive at The Hive is OPEN every week on Wednesdays and Thursdays from 9AM-3.30PM. There is now no need to book an appointment as we are running on a drop-in basis!

Want to visit our hub of pre-loved clothing, homeware, children's items, baby clothing, toys and games, shoes, bedding and towels?

Thrive at the Hive is open to everyone and all items are provided as "Pay As You Feel"



**The Hive, Park Barn Centre
Park Barn Drive
GU2 8EN**



01483 444150 or community.wellbeing@guildford.gov.uk



SECONDARY TOOLKIT

WELL DONE to the following students in completing their 'Gosden Toolbox' Sticker Sheet this so far this term and successfully collecting 10 'Life Tools'. Developing these 'Life Tools' will help them now and also prepare them for their exciting future pathways.

Shannon – Simmonds

Tia – Simmonds

William – Simmonds

Alexie – Simmonds

Leo – Simmonds

Charles – Simmonds

Harry E – Parks

Skye - Parks

Joseph – Hawking

Amr – Hawking

Harry – Hawking

Lily-Rose – Hawking

Joanna – Hawking

Rebecca – Hawking

Jack – Gordy

Jordan - Gordy



GOSDEN HOUSE PTA UPDATE



A huge thank you to our PTA who have enabled us to get new books in every classroom from the book fair organised by Hannah. We are excited to read them.

DATES FOR YOUR DIARY

PTA Virtual Quiz Night Saturday, 19th March

Why not join up with some friends grab some snacks and join the fun! Prices are £10 per screen. Gosden families can add on a goodie bag for an extra £5 as well. Prizes for 1st 2nd and 3rd teams.



Please use this link to our online booking form to secure your spot: <https://forms.gle/S62dvq9ymXokLNvx8>

Virtual Balloon Race - Easter holidays

Summer Fair - 3rd July

We are planning things for Mother's/Carer's day and Father's/Carer's Day as well – more details to follow soon.

THE THINGS I
WISH MY
PARENTS
HAD KNOWN

YOUNG PEOPLE'S ADVICE
ON TALKING TO YOUR
CHILD ABOUT ONLINE
SEXUAL HARASSMENT

Summary of top tips

1 Start speaking to your children about these issues before you first give them a phone or set up a social media account. This might feel very early, but you can do it in an age-appropriate way. It is better to be proactive than reactive.

Don't wait for the crisis.

2 Keep the conversation going. Adapt to your child so you can support them.

Don't mention it once and think that's enough.

3 Keep it casual, find everyday opportunities to speak about these issues with your child – like when you're walking or driving somewhere.

Don't scare them with 'the big talk'.

4 Focus on your child's emotions first and work out what they may have seen online. By listening to your child and understanding if they accessed harmful content, you can help to support them.

Don't punish them before listening and understanding.

5 Keep curious about the technology your child is using and stay up to date with platforms, apps and trends.

Don't pretend these issues don't exist

6 Set boundaries. Use filtering tools to limit your child's exposure to harmful content. Decide on rules and boundaries with your child, allowing them to input. Explain which monitoring and filtering tools you are using, and why.

Don't leave your child unsupervised online without using monitoring and filter tools. You wouldn't leave them alone in the park or the street, apply the same level of protection online.

THE THINGS I WISH MY PARENTS HAD KNOWN

YOUNG PEOPLE'S ADVICE ON TALKING TO YOUR CHILD ABOUT ONLINE SEXUAL HARASSMENT

**Our full guide shares information
on each of these topics:**



Pornography

"I feel like the best time for parents to have a conversation about porn is a bit earlier for boys than girls. From my experience of male friends, they definitely see porn earlier than my female friends. I mean like early: year 4, year 5, year 6."



Sharing nudes

"A lot of parents might just blame the child instantly instead of trying to support them."



Sexualised bullying

"A lot of my male friends feel like they can't do certain things as they feel like they will get bullied, or even worse than bullied... they feel like they're in danger if they don't do a certain thing."



Editing photos and body image

"It is still as damaging ... you know it's edited, you still wanna look that way. It is hard to get over the fact you don't look that way. It's hard to navigate through that."



Peer pressure

"You see people like those comments and get lots of likes. It makes you think to post more comments like that, you see people like them so you start posting more hateful comments."

All quotes from young people aged 16-21

COVID 19 UPDATE

Covid Home Testing Kits

Thank you to the secondary students that are keeping our school community safe by testing at home twice a week.

Please continue to test at home and let us know if you require any more test kits to be sent home.

Please also keep reporting the results to us following this link: <https://forms.office.com/r/z2bNLS03TM>



Vaccine Information

Useful resource designed by young people for young people - learn more about the vaccine, get answers to questions and when ready, organise getting the jab locally.



www.everythingcovid.info

MENTAL HEALTH AWARENESS



School is always willing to provide advice or support and extra help

You can call and speak to Annie Welch, our Home School Link Worker.
Tel: 07864 721931

Web Page Information:

[School Web Site](#)

Keeping Children Safe Online:

<https://www.childnet.com/parents-and-carers>

<https://www.commonsemmedia.org/>

For any child or family worries for which you may need additional support or advice you can request it by contacting the Surrey Children's Single Point of Access Team on 0300 470 9100 and press 1 and then option required.

For support and advice around domestic abuse, mental health or safety in the home:

<https://www.gov.uk/government/publications/coronavirus-covid-19-and-domestic-abuse/coronavirus-covid-19-support-for-victims-of-domestic-abuse>

<https://www.healthysurrey.org.uk/domestic-abuse>

There is new service available from Surrey

<https://www.mindworks-surrey.org/>

Providing children, young people, families and carers with information about services, advice and resources. Includes how to ask for help in a crisis via the 24/7 crisis line.



MENTAL HEALTH AWARENESS



Surrey and Borders Partnership
NHS Foundation Trust

Adult Services Mental Health Crisis Line

The helpline is for people living in Surrey experiencing a mental health crisis.

Telephone: 0800 915 4644
(24 hours, 7 days a week)

If you have speech or hearing difficulties, you can contact the helpline through:

- SMS: 07717 989024
- Next Generation text service: Dial 18001 0800 915 4644 from your text phone or smart app

The [Crisis Helpline](#) is staffed by professionals who are experienced in working with people with mental health issues and is managed according to the NHS Code of Confidentiality which respects individuals' personal information. However, the service has a duty to respond when someone's thoughts, intentions and actions indicate a specific and significant risk of harm to self or others particularly children). Such cases will be followed up and the relevant service or authorities will be contacted. In an emergency please call 999 or go to Accident and Emergency (A&E) – many of which have psychiatric liaison services. You can find local A&E services at [NHS Choices](#).

Out of hours crisis support for children with a mental health need.

Out of hours crisis support for children, young people and their families has been increased in response to Coronavirus. Children, aged 11 and over, and their families can continue to call our Extended Hope Service for crisis support between 5pm-11pm, 7 days a week. Calls to this service are handled by the Emergency Duty Team and we have now put in place a triage worker to provide an immediate response to anyone calling this number: 01483 517898. In addition, our Mental Health Crisis Helpline is now providing telephone support to children, young people and their families between 11pm and 9am, seven days a week, to ensure they always have access to out of hours crisis support. During normal working hours people can talk to their GP or go to A&E for support and children, aged 10-18, can contact one of the CYP Havens.

Due to public health advice the CYP Havens are currently closed. Instead we are running a virtual service for young people to access support by phone. This service is available every day of the week including bank holidays

"A safe place to get support when I am feeling distressed and worried about how I am feeling"



Call: 01483 519436

Monday to Friday, 4pm-8.30pm. Saturday and Sunday, 12pm-6pm