

It's time to celebrate the UK's unpaid carers and recognise the huge amount they do!

Carers Week 2024 takes place from **Monday 10th June until Sunday 16th June 2024**. It's a national event to recognise and celebrate the UK's six million plus unpaid family and friend carers.

The Week aims to raise awareness of caring, highlighting the challenges family and friend carers face, and acknowledge the huge contribution carers make. It's also a time to help people who don't think of themselves as carers, to identify as carers and then access much-needed support.

Our focus this year is **'Looking after you'** - helping carers to prioritise just a little time for themselves, for self-care. Caring can be so stressful, isolating and such hard work.

What's happening in Surrey?

The drop-in carer Hubs will be open in Carers Week, as follows:

Monday June 10th June, 10am-2.30pm

- **Woking** - Knaphill Methodist Church, Broadway, Knaphill, Woking GU21 2DR.
- **Guildford** - The Hive, Park Barn Drive, Guildford GU2 8EN.
- **Haslemere** - Wesley Room, The Methodist Church, 5-7 Junction Place, Haslemere GU27 1LE.

Tuesday 11th June, 10am-2.30pm

- **Banstead** - United Reformed Church, Woodmansterne Lane, Banstead SM7 3EX.
- **Camberley** - High Cross Church, Knoll Road, Camberley GU15 3SY.

Wednesday 12th June, 10am-2.30pm

- **Addlestone** - Addlestone Community Centre, Garfield Rd, Addlestone KT15 2NJ.

Thursday 13th June, 10am-2.30pm.

- **Hersham** - Centre for the Community, 7 Queens Road, Hersham, Walton-on-Thames KT12 5LU.
- **Caterham** - Westway Community Café, 25 Chaldon Road, Caterham CR3 5PG.

Friday 14th June, 10am-2.30pm

- **Leatherhead** - Leatherhead Community Hub, Kingston Road, Leatherhead KT22 7PX.